Moore Dermatology

501 W North Ave, Suite 103

Melrose Park, IL 60160

Phone: 708-450-5086

MOHS SURGERY PRE-OP INSTRUCTIONS

* Plan on spending the entire day at the office. We discourage patients from making any appointments the day of the surgery.
* Bring PLENTY of things to do, such as reading materials, knitting, cards, etc. Expect to be here all day, due to the possibility of these skin cancers extending deep and/or wide.
* Refrain from Aspirin, Vitamin E, Vitamin C, Fish Oil, Omega 3, Ibuprofen products (Advil, Motrin, Aleve, Naproxen) and Herbal medications for 7-10 days prior to surgery, provided that you have not been placed on them by your doctor. If your doctor has placed you on Aspirin, Plavix, Coumadin (Warfarin), please CONTINUE to take medication. **DO NOT STOP.**
* We will be sending antibiotic to your pharmacy closer to the date of your procedure. We want you to start taking it the day before the procedure.
* Take all of your normal medications the morning of the surgery, unless otherwise directed (blood pressure, cholesterol, diabetes medications, etc).
* EAT BREAKFAST IN THE MORNING OF THE SURGERY. The day can be long, so it is important to have food in you when we operate. Also, we encourage patients to bring snacks to eat throughout the day.
* Shower the night before or the morning of the surgery. Wear freshly laundered clothing as well to reduce chances of infection.
* Wear a shirt or a blouse that buttons/zips up the front.
* Tylenol or Extra-Strength Tylenol may be used during the pre-op and post-op time frame.
* Please avoid alcohol 4 days before and 4 days after surgery.
* For proper wound healing, we recommend patients who smoke to either not smoke at all or cut your intake for at least one week after the surgery. Smoking impairs wound healing.
* YOU WILL LIKELY RECEIVE STITCHES. This will require you to minimize strenuous activity to promote proper wound healing and minimize scarring (limit exercise and sports).
* You can drive yourself to the appointment, but you may also bring someone with you. Sometimes, patients prefer to bring someone with them for wound care instructions.
* Your surgery will take place in our office, 501 W North Ave, Suite 103 (Huntington Bank Building)
* If you become ill between now and your surgery, please contact our office. If you have any questions or concerns, please call our office at 708-450-5086, and ask to speak to Lauren, our Physician Assistant.

Your appointment is: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_