

Moore Dermatology
501 W. North Ave. #103,
Melrose Park, IL, 60160
Phone: 708-450-5086

MOHS SURGERY PRE-OP CHECKLIST

- * Plan on spending the entire day at the office. We encourage patients from making any appointments the day of the surgery
- * Bring PLENTY of things to do, such as reading material, knitting, cards, etc. We have our patients expect to be here all day, due to the possibility of these skin cancers extending out deeper or wider.
- * Eat a big breakfast the morning of the surgery. Bring snacks or other things to munch on throughout the day, unless otherwise directed.
- * Refrain from Aspirin, Vitamin E, Vitamin C, Fish Oil, Omega 3, Ibuprofen products (Advil, Motrin, Aleve, Naproxen) and Herbal medications and or supplements for 10 days prior to surgery, provided you have not been placed on them for medical purposes. IF A DOCTOR has placed you on ASA, Coumadin, Plavix, please CONTINUE to take the medication. DO NOT STOP.
- * Take all of your normal medications the morning of the surgery, unless otherwise directed.
- * We recommend a shower the evening or morning before surgery and freshly laundered clothes to help reduce the chance of getting an infection.
- * Wear a shirt or blouse that buttons up the front.
- * Tylenol or Extra-Strength Tylenol may be used during the pre-op or post-op time frame
- * Please avoid alcohol for 4 days before and 4 days after the surgery
- * For proper wound healing, we recommend patients that smoke to not smoke, or cut your intake for at least a week after the surgery. Smoking inhibits wound healing.
- * Please remember you will probably receive stitches, which will require you to minimize strenuous activity to promote good wound healing and minimize scarring (limit exercise and sports)
- * Your surgery will take place in our Gottlieb office in Melrose Park; Suite 506.
- * Call our office if you get sick between now and the time of your surgery and need to cancel your appointment
- * Call our office if you have any questions, and ask to speak to Lauren, our Physician Assistant, at 708-450-5086

Your appointment is: _____